



PE & Games Overview Summary 2021/22

Reception	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Fitness & Multi-Skills Outdoor & Adventurous	First FUNs	First FUNs	Gymnastics	Indoor Athletics	Outdoor Athletics Outdoor & Adventurous
Multi-Ability Focus	Health & Fitness	Personal	Social	Creative	Physical	Cognitive

Year 1	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Gymnastics	Fundamental Movement Skills	Gymnastics	Real PE	Indoor Athletics	Real PE
Multi-Ability Focus	Social	Personal	Creative	Cognitive	Physical	Health & Fitness
Outdoor	Fitness & Multi-Skills Outdoor/Adventurous	Invasion Games (Football) Outdoor/Adventurous	Striking & Fielding	Net & Wall	Real PE	Outdoor Athletics Outdoor/Adventurous
Multi-Ability Focus	Health & Fitness	Social	Cognitive	Creative	Physical	Personal

- Each class has 3 terms of dance once a week in PPA

Year 2	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Gymnastics	Fundamental Movement Skills	Gymnastics	Real PE	Indoor Athletics	Real PE
Multi-Ability Focus	Social	Personal	Creative	Cognitive	Physical	Health & Fitness
Outdoor	Fitness & Multi-Skills Outdoor/Adventurous	Invasion Games (Football) Outdoor/Adventurous	Striking & Fielding	Net & Wall	Real PE	Outdoor Athletics Outdoor/Adventurous
Multi-Ability Focus	Health & Fitness	Social	Cognitive	Creative	Physical	Personal

Year 3	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Fitness & Multi-Skills	Fundamental Movement Skills	Gymnastics	Gymnastics	Real PE	Indoor Athletics
Multi-Ability Focus	Health & Fitness	Personal	Cognitive	Creative	Social	Physical
Outdoor	Invasion Games (Netball/Basketball) Outdoor/Adventurous	Invasion Games (Football/Handball) Outdoor/Adventurous	Invasion Games (Rugby/Hockey)	Net & Wall	Striking & Fielding	Outdoor Athletics
Multi-Ability Focus	Personal	Social	Cognitive	Creative	Physical	Health & Fitness

- Terms 1, 2, 6 Outdoor will be split equally between both topics either during lessons or weekly

Year 4	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Fitness & Multi-Skills /Swimming	Fundamental Movement Skills/Swimming	Gymnastics /Swimming	Gymnastics /Swimming	Real PE/ Swimming	Indoor Athletics
Multi-Ability Focus	Health & Fitness	Personal	Cognitive	Creative	Social	Physical
Outdoor	Invasion Games (Netball/Basketball) Outdoor/Adventurous	Invasion Games (Football/Handball) Outdoor/Adventurous	Invasion Games (Rugby/Hockey)	Net & Wall	Striking & Fielding	Outdoor Athletics
Multi-Ability Focus	Personal	Social	Cognitive	Creative	Physical	Health & Fitness

- Terms 1, 2, 6 Outdoor will be split equally between both topics either during lessons or weekly
- Each class has 7 weeks of swimming (terms 1 -5)

Year 5	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Gymnastics (1)	Gymnastics (2)	Fitness & Multi-Skills	Fundamental Movement Skills		Indoor Athletics
Multi-Ability Focus	Cognitive	Creative	Health & Fitness	Physical	Personal	Social
Outdoor	Invasion Games (Football/Handball) Outdoor/Adventurous	Invasion Games (Netball/Basketball) Outdoor/Adventurous	Invasion Games (Hockey)	Invasion Games (Rugby)	Net & Wall	Striking & Fielding Outdoor Athletics
Multi-Ability Focus	Social	Personal	Cognitive	Creative	Health & Fitness	Physical

- Terms 1, 2, 6 Outdoor will be split equally between both topics either during lessons or weekly

Year 6	Term One	Term Two	Term Three	Term Four	Term Five	Term Six
Indoor	Gymnastics (1)	Gymnastics (2)	Fitness & Multi-Skills	Fundamental Movement Skills	Real PE	Indoor Athletics
Multi-Ability Focus	Cognitive	Creative	Health & Fitness	Physical	Personal	Social
Outdoor	Invasion Games (Football/Handball) Outdoor/Adventurous	Invasion Games (Netball/Basketball) Outdoor/Adventurous	Invasion Games (Hockey)	Invasion Games (Rugby)	Net & Wall	Striking & Fielding Outdoor Athletics
Multi-Ability Focus	Social	Personal	Cognitive	Creative	Health & Fitness	Physical

- Terms 1, 2, 6 Outdoor will be split equally between both topics either during lessons or weekly

