



Cliftonville Progression in PE

Physical education curriculum is divided into six strands: • Athletics • Dance • Gymnastics • Games • Outdoor and adventure activities • Aquatics.

Key Stage One

- Games (invasion)
- Gymnastics
- Athletics
- Outdoor and Adventurous
- Dance
- First FUNs up to Red Level (Agility, Balance, Co-ordination)

Key Stage Two

- Games (Invasion, Striking and Fielding, Net and Wall)
- Gymnastics
- Athletics
- Outdoor and Adventurous
- Dance
- Aquatics (Year 4)
- Real and PE FUNs (Agility, Balance, Co-ordination)

