



Dear Parents/Carers,

In the coming week in Healthy Habits we will be thinking about our school value of Independence and the importance of learning to do things for themselves. The children will be bringing home an 'Independence pledge' with some suggestions of what might be suitable task for their age group to do on their own at home. When they have decided this with you if they could return the pledge and this can then be discussed and celebrated in their class assembly.

This week Year 4 had some trial sessions of the 'Lionesses basketball club' shared a few weeks ago in the school assembly. They had a great time and enjoyed learning some basketball skills!

We were thrilled also to hear of one of your youngest children taking part in Margate Park run. You can read more about Ruben's achievements here:

<https://theisleofthanetnews.com/2025/09/28/cliftonville-lad-ruben-conquers-parkrun-and-10-mile-bike-ride-all-before-fifth-birthday/>



We love to hear about any achievements from outside schools clubs children are taking part in so do email in to office@cliftonvilleprimary.co.uk

We are also starting up our Healthy Habits champions pupil leadership group this week. There will be two champions for each year group from year 2 – 6 who will be sharing their ideas and shaping our Healthy Habits project over the coming months.

Happy Healthy Habits!